**January 2022**

**Nicole Robertson**

My name is Nicole Robertson and I am currently 20 years old. I am entering my final year of my business degree at UTS and hope to move into a career in the business management field next year. I have been competing in athletics, namely shot put and discus since I was 8 years old. I have a right hemiplegia and compete as an F38 athlete.

I have always loved playing sport and growing up I participated in a number of sports such as swimming, tennis, netball and dancing. However, from high school onwards, I began to focus much more on athletics and found a real passion for the sport. I’ve met many great people over the years and have been fortunate enough to compete at a national level and travel across Australia. Being at university and being in the elite athlete program has presented me with many great opportunities to grow and compete at different meets such as the University Games.

My proudest sporting moment happened in 2017 at the national championships when I won my first open national medal. It was a bronze in the discus and I was particularly happy with that as the comp happened in the pouring rain and it was my first major event throwing the heavier discus.

At the moment I am looking forward to this year’s state and national competitions. I am constantly aiming to improve my throwing and become a better athlete. I do this through training and I have been training with Team BreKaz for 10 years now. I train twice a week and luckily this has been able to continue through most of the pandemic. When we went into lockdown last year, we continued to train by doing Zoom workout sessions.